







Government of India





National Commission for Protection of Child Rights (NCPCR)

Pariksha Parv 2020 for Managing the Examination Stress from 10<sup>th</sup> February to 30<sup>th</sup> March 2020 on 3.00-4.00 pm

Date sheet of Experts for Live Streaming in the month of FEBRUARY under Pariksha Parv 2020

S.No	Expert	Name of the Experts	Date/Time of Live streaming
1.		<b>Shri. Mukul Kanitkar</b> National Organising Secretary, Bharatiya Shikshan Mandal	10 <sup>th</sup> February, 2020 (Monday) 3.00-4.00 pm
2.		<b>Dr. Jitendra Nagpal</b> Sr. Consultant Psychiatrist and Head, Instt. of Mental Health and Life Skills Promotion & Institute of Child Development and Adolescent Health, Moolchand Medcity, New Delhi	12 <sup>th</sup> February,2020 (Wednesday) 3.00-4.00 pm
3.		<b>Dr. Rajesh Sagar</b> Professor, Department of Psychiatry, All India Institute of Medical Sciences, AIIMS, New Delhi	14 <sup>th</sup> February,2020 (Friday) 3.00-4.00 pm
4.		<b>Dr. Nimesh G Desai</b> Director, Institute of Human Behaviour & Allied Sciences (IHBAS), New Delhi	17 <sup>th</sup> February,2020 (Monday) 3.00-4.00 pm

5.		<p style="text-align: center;"><b>Ms. Geetanjali</b> Psychologist , Practicing Counsellor, Trainer, Parenting coach, And Motivational speaker New Delhi</p>	<p>19<sup>th</sup> February, 2020 (Wednesday) 3.00-4.00 pm</p>
6.		<p style="text-align: center;"><b>Sister B.K Shivani</b> Bhramakumari and an ambassador of the World Psychiatric Association.</p>	<p>24<sup>th</sup> February, 2020 (Monday) 3.00-4.00 pm</p>
7.		<p style="text-align: center;"><b>Shri Gyaneshwar Dayal Sarin,</b> Certified Trainer, Heartfulness Education Trust (Shri Ram Chandra Mission)</p>	<p>26<sup>th</sup> February, 2020 (Wednesday) 3.00-4.00 pm</p>
8.		<p style="text-align: center;"><b>Shri Akhilesh Mishra</b> (CEO of Bluekraft Digital Foundation and Former Director of MyGov)</p>	<p>27<sup>th</sup> February, 2020 (Wednesday) 3.00-4.00 pm</p>
9.		<p style="text-align: center;"><b>Dr. Sujata Satpathy</b> (Clinical Psychologist) Associate Professor, Clinical Psychology, Department of Psychiatry, AIIMS, New Delhi</p>	<p>28<sup>th</sup> February, 2020 (Friday) 3.00-4.00 pm</p>

10.		<p align="center"><b>Ms. Richa Anirudh</b> Anchor of Youtube Show “Zindagi With Richa” and Motivational Speaker</p>	<p>2<sup>nd</sup> March, 2020, Monday 3.00-4.00 pm</p>
11.		<p align="center"><b>Dr. Bichitra Nanda Patra</b> Associate Professor, Department of Psychiatry, AIIMS</p>	<p>4th March, 2020 Wednesday</p>
12.		<p align="center"><b>Dr. Nishant Goyal</b> Associate Professor, Child and Adolescent Psychiatry &amp; Centre for Cognitive Neurosciences, Central Institute of Psychiatry, Ranchi (CIP), Ranchi ( Jharkhand)</p>	<p>6th March, 2020 Friday</p>
13.		<p align="center"><b>Dr. Rachna Bhargava</b> (Clinical Psychologist), Associate Professor in Clinical Psychology, National Drug Dependence Treatment Centre &amp; Department of Psychiatry, AIIMS, New Delhi</p>	<p>9th March, 2020 Monday</p>

14.	 	<p style="text-align: center;"><b>Sh. Bishwajit Kumar Singh,</b> Commissioner, NVS</p> <p style="text-align: center;"><b>Dr. Jyoti Chauthaiwale</b> Scientist/Educationist</p>	<p>11<sup>th</sup> March, 2020, (Wednesday) 3.00-4.00 pm</p>
15.		<p style="text-align: center;"><b>Dr. Sujatha Sharma</b> Clinical Psychologist</p>	<p>13<sup>th</sup> March, 2020 (Friday) 3.00-4.00 pm</p>
16.		<p style="text-align: center;"><b>Dr. Shivangi Maletia</b> Motivational Speaker</p>	<p>16<sup>th</sup> March, 2020 (Monday) 3.00-4.00 pm</p>
17.		<p style="text-align: center;"><b>Swami Shantatmananda</b> Secretary Ramakrishna Mission New Delhi</p>	<p>18<sup>th</sup> March, 2020 (Wednesday) 3.00-4.00 pm</p>