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A handbook on counseling for training, and skill development of staff of Child Care Institutions (CCIs) were released.

A handbook on counseling for training, and skill development of staff of Child Care Institutions (CCIs) were released in a function at New Delhi early this week. Chairperson, NCPCR, Ms. Stuti Kacker , Chairperson, DCPCR , Sh. Ramesh Negi, Member, NCPCR, Ms. Rupa Kapoor , Director , IHBAS , Dr. Nimesh G Desai and Professor , Dept of Psychiatry, AIIMS Dr. Rajesh Sagar jointly released the handbook.

After releasing the book, Ms. Stuti Kacker spoke about the children of Child Care Institutions who do not get support of their families, stay unprotected and quite often are subjected to exploitation. She said that children are even abused within the families which make them mentally disturbed. She hoped that the handbook will help counselors to heal the young minds of the children.

Dr. Nimesh G Desai spoke about the survey conducted by NCPCR and IHBAS to assess mental health needs of children in Child Care Institutions of Delhi.

Ms. Rupa Kapoor said that children in Institutional care are the children in trauma and it is required to identify their psychosocial needs by the CCI staff.

Mr Yashwant Jain, Member NCPCR congratulated the different institutions in providing inputs for preparing the handbook and requested all the participants to give their best for promotion of positive mental health of Children leaving in CCIs.

Many children in our country grow up in Child Care institutions instead of their own families. Children exposed to institutional care often suffer from structural neglect, which may include minimum physical resources, unfavorable and unstable staffing patterns and inadequate caregiver-child interactions.

All children have mental health needs across different settings. There is a strong need to promote positive mental health care for all children and adolescents, whether or not they are suffering from any mental health problem. Keeping this in view, the Commission has developed the Handbook on counseling to train the manpower of CCIs.

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